

Robin Hill Pre-Kindergarten and Kindergarten
Toileting Guidelines

In order for our students to learn and excel at Robin Hill we ask that all medically and developmentally able students are toilet trained.

- Students must be able to verbalize the need to use the restroom with enough warning to avoid an accident.
- Students must be able to clean themselves independently with either toilet paper or wet wipes.
- Students must be able to pull up their clothes independently and it is also recommended that the student be able to fasten his/her own clothes.

Due to the new environment, your student may experience some accidents during their first few weeks of school. However, if accidents continue, increase, or your student appears to be struggling with independent toileting, it may be necessary to use the following daily and weekly step plan:

Daily

First Accident:

Student is to clean themselves with the verbal assistance of a staff member.

Second Accident:

Parent pick up for additional practice in toilet training at home.

Weekly

If three accidents occur in a week the student will need to stay home the remainder of the week for additional practice in toilet training.

I have read and accept the terms set forth in the above Toileting Guidelines as it pertains to staff, parent/guardian, and student responsibilities. I give those staff members involved in care of my student while at school my permission to support _____ (student name). This may involve entering the restroom, and assisting with or performing clothing changes.

Parent Signature: _____

Parent Name: _____

The following are Toilet Training Tips, please keep this paper.

Create a Schedule

As you toilet train your child, try to stick to a routine schedule. It may be beneficial to have your child try and use the bathroom after each meal since this may best match the bathroom breaks at school as well. As your child becomes more familiar with this routine, it will make using the bathroom more comfortable over time. We do recommend that when toilet training at home, use the toilet as much as possible to make the transition to utilizing the school restrooms and toilets easier.

Use a Reward System

Negative reinforcement to toilet training often leads to more accidents and a decreased motivation to continue training. Instead, consider implementing a reward system that encourages your child each time they successfully use the bathroom on their own.

Stay Patient

Children are great at picking up on parental emotions, so staying patient is essential to reducing your child's discomfort and stress. Keep a positive mindset and try not to react negatively if an accident occurs as it can be discouraging for your child.